

SEXUALITY IN PROFESSIONAL PRACTICE

inyourskin & Relate Sexology present

Suitable for all levels of experience and all disciplines

Date: 25 October 2021

Time: 9.30am- 3.30pm

Venue: Online

Facilitators: Dr. Tessa Opie & Anisa Varasteh

\$390 (GST exc.)

Register:
hello@inyourskin.co
relatesexology.com/register
or call 0407 614 645



This workshop will support the participants to:

- ✓ Reflect on personal values and beliefs about sexuality, gender, sexual behaviours and identities, and how these beliefs and attitudes impact their professional practice
- ✓ Identify unconscious bias
- ✓ Explore strategies for managing unconscious bias
- ✓ Re-evaluate social constructs such as normality, knowledge and reality
- ✓ Explore strategies to address sexuality related topics with patients/clients in a safe manner

This is a reflective and process-oriented workshop rather than a knowledge-based experience.



ANISA VARASTE H

Anisa Varasteh is a clinical sexologist and director of Relate Sexology. Anisa provides therapy to individuals and couples as well as consultancy and training on mental health and sexuality related topics to clinicians and organisations. Anisa is the Director of the Society of Australian Sexologists Ltd (SA/NT Branch).

DR TESSA OPIE

Dr Tessa Opie is the founder and director of inyourskin, a relationships and sexuality education service, working with students, young adults, professional athletes, parents, curriculum advisors, the education workforce and allied health professionals. Tessa is the President of the Society of Australian Sexologists Ltd (SA/NT Branch).

